

# Porter Traditional: 7th Grade Schedule

## (OPTIONAL ACTIVITIES AND OPTIONAL DAILY ROUTINE)

Time:	Objectives/Updates/Directions	Activities/Ideas for Students
9:00-9:30am	<p style="text-align: center;"><b>Morning Routine</b></p> <ul style="list-style-type: none"> <li>● Breakfast</li> <li>● Morning Physical Activity</li> </ul>	<ul style="list-style-type: none"> <li>● <a href="#">Morning Stretches- Mindful Minutes Yoga</a></li> <li>● <a href="#">Family Cardio</a></li> <li>● <a href="#">Cosmic Kids Yoga</a></li> <li>● <a href="#">Air Cycling</a></li> <li>● <a href="#">Go Noodle for Families</a></li> <li>● <a href="#">Healthy Breakfast Ideas</a></li> <li>● <a href="#">Breakfast Recipes</a></li> </ul>
9:30am-11:00am	<p style="text-align: center;"><b>Academic Time</b></p> <p><i>Choose one subject to complete for about 1.5 hours per day. Below are suggested days for completion, students are allowed to choose to complete subjects in whatever order they like.</i></p> <p><b>Monday- Math Work</b></p> <ul style="list-style-type: none"> <li>● Check <a href="#">Mr. Denney's Classroom Page</a> for updates and information about work for the week.</li> <li>● Assignments (Optional):             <ul style="list-style-type: none"> <li>○ Functions Primer Breakout</li> <li>○ Functions Breakout II</li> <li>○ Functions Challenge Kahoot</li> <li>○ Functions Picture Puzzle</li> <li>○ IV-DV Kahoot</li> <li>○ World Travel Challenge</li> </ul> </li> </ul> <p>Weekly Objectives:</p> <ul style="list-style-type: none"> <li>● <i>I can identify the range and domain of a relation, and determine whether it is a function. (SOL 8.15)</i></li> <li>● <i>I can graph a linear equation; identify the slope and y-intercept of an equation; identify the dependent and independent variables, and make connections between different representations of a function (SOL 8.16)</i></li> </ul>	<p>Math:</p> <ul style="list-style-type: none"> <li>● Office Hours: Monday 10:30-12:00pm</li> <li>● Resources             <ul style="list-style-type: none"> <li>○ <a href="#">Distance Learning Links</a></li> <li>○ IXL</li> <li>○ Study Island</li> </ul> </li> </ul>

**Tuesday- Language Arts Work:**

- Check Edmodo/Teacher's Porter Webpage for teacher updates about work for the week.
- Write down a list of items to complete. (Optional)

## Weekly Objectives:

- *I can describe the mood and tone of multiple texts.*
- *I can identify the point of view of a text and describe how it affects the story.*

**Wednesday- Social Studies Work**

- Check Edmodo/Teacher's Porter Webpage for teacher updates about work for the week.
- Write down a list of items to complete. (Optional)

## Weekly Objectives:

- *I can tell you the reasons why people moved West.*
- *I can tell you the inventions and adaptations that people made to survive the West.*
- *I can tell you about the impact that Westward Expansion had on American Indians.*

**Thursday- Science Work**

- Check Edmodo/Teacher's Porter Webpage for teacher updates about work for the week.

## Weekly Objectives:

- *I can identify all cell organelles and tell what they do.*
- *I can distinguish between a Plant & an Animal cell.*
- *I can write all three points of the Cell Theory.*
- *I can explain all the stages of Mitosis in the correct order and also why is Mitosis important.*

**Friday- Spanish Work:**

- *Check Edmodo for teacher updates about work for the*

## Language Arts:

- Office Hours: Tuesday 10:30-12:00pm
- Resources:
  - [Distance Learning Links](#)
  - IXL
  - Study Island
  - [Bell Ringers](#)
  - [Weekly Breakdown](#)

## Social Studies:

- Office Hours: Wednesday 11:30-1:00pm
- [Weekly Agenda](#)
- [Distance Learning Page](#)

## Science:

- Office Hours: Thursday 10:30-12:00pm  
Zoom Meeting ID & Password will be posted on edmodo.
- Zoom topic-Gimkits on Cell Organelles  
Cell Theory and Cell Divisions.  
[dhodisk@pwcs.edu](mailto:dhodisk@pwcs.edu)
- Resources
  - SOLPASS to review  
<https://www.solpass.org/science7.html>
  - [www.quizizz.com](http://www.quizizz.com)

	<p>week. <a href="#">Spanish Edmodo Page</a></p> <ul style="list-style-type: none"> <li>● Start thinking about what you might want to retake from Quarter 1. Remember, summative grades are 80% of your grade, so those are the priority.</li> <li>● Resources: Look at my <a href="#">Spanish Class Page</a> for more info.</li> </ul> <p><b>Weekly Objectives:</b></p> <ul style="list-style-type: none"> <li>● I can identify and ask about basic classroom objects</li> <li>● I can ask and tell how to say, spell and identify meanings of words in Spanish</li> <li>● I can request and provide contact information</li> </ul> <p><b>Other Resources:</b></p> <ul style="list-style-type: none"> <li>● ESOL: <a href="#">Mrs. Koenig's Page</a></li> <li>● SPED: <a href="#">Mrs. Webbs' Page</a></li> <li>● Reading Support: <a href="#">Ms. Greer's Page</a></li> <li>● Math Support: <a href="#">Mrs. Guerra's Page</a></li> </ul>	<p>Click on the following link to review the cells unit. You may also do the “Jello cell “ project with your family.</p> <p><a href="https://porter.pwcs.edu/class_pages/7th_grade/suk_hvir_dhodi_-_7th_gr_science/files_and_documents">https://porter.pwcs.edu/class_pages/7th_grade/suk_hvir_dhodi_-_7th_gr_science/files_and_documents</a></p> <p><b>Spanish:</b></p> <ul style="list-style-type: none"> <li>● Office Hours: Friday 10:30-12:00pm</li> <li>● Resources <ul style="list-style-type: none"> <li>○ <a href="#">Unite For Literacy</a> (Spanish version)</li> <li>○ <a href="#">Duolingo for Schools</a></li> <li>○ <a href="#">Project Gutenberg</a></li> <li>○ <a href="#">Easy Spanish</a></li> <li>○ <a href="#">Spanish Language Choice Board</a> (Feel free to send me your products and I can give feedback!)</li> </ul> </li> </ul>
<p>11:00am-11:30pm</p>	<p><b>Lunch:</b></p>	
<p>11:30am-1:00pm</p>	<p><b>Creative/Calm Time</b></p> <p><i>Choose one to complete, use resources linked below or to the side to accomplish.</i></p> <p><b>Music:</b></p> <ul style="list-style-type: none"> <li>● Activities: <a href="#">Mrs. Kelsey's Page</a>, <a href="#">Mr. Post's Page</a></li> </ul> <p><b>Art:</b></p> <ul style="list-style-type: none"> <li>● Activities: <a href="#">Dr. Nicholson's Page</a></li> </ul> <p><b>Gifted</b></p> <ul style="list-style-type: none"> <li>● Activities: <a href="#">Ms. McDermott's Page</a></li> </ul> <p><b>Makerspace:</b></p> <ul style="list-style-type: none"> <li>● Activities: <a href="#">Ms. Bank's Page</a></li> </ul>	<p><b>Other Resources</b></p> <ul style="list-style-type: none"> <li>● Play music/Dance</li> <li>● Cook</li> <li>● Draw and write with authors/illustrators: <ul style="list-style-type: none"> <li>○ <a href="#">Jarrett Lerner</a></li> <li>○ <a href="#">Debbie Ridpath Ohi</a></li> </ul> </li> <li>● Post daily creative challenges on Twitter</li> <li>● Art Prompts: <ul style="list-style-type: none"> <li>○ <a href="#">7 Daily Drawing Prompts</a></li> <li>○ <a href="#">100 Sketchbook Prompts</a></li> <li>○ <a href="#">Origami</a></li> </ul> </li> </ul>

	<b>Guidance:</b> <ul style="list-style-type: none"><li>• Activities: <a href="#">Ms. Kargbo's Page</a></li></ul>	
1:00pm-2:30pm	<b>Physical Activity:</b>  <b>Physical Education:</b> <ul style="list-style-type: none"><li>• Activities: <a href="#">Mrs. Valdes' Page</a></li></ul>	
2:30pm-3:00pm	<b>Chores:</b>	